



## 50+ Vitality Complex™

Nutritional support for age-related fatigue, plus improved energy & zest in adults over 50\*

### Primary Applications\*

- Helps manage age-related fatigue
- Increases vitality and overall well-being
- Improves cognitive functioning
- Offers cardiovascular benefits
- Supports the endocrine system
- Promotes anti-oxidant effects

### What is 50+ Vitality Complex?

50+ Vitality Complex has been formulated as an anti-oxidant tonic to address age-related fatigue in adults over 50 and improve vitality, cognitive functioning, cardiovascular and endocrine health.\*

### Ingredients

#### Eleuthero (*Eleutherococcus senticosus*)

Perhaps the most important constituents of Eleuthero are the ginsenosides, which have demonstrated cardiovascular and adrenal benefits. Research also suggests that Siberian ginseng can help to promote stamina and fitness. In addition, animal studies lend growing support for the use of ginseng in improving sexual functioning. This medicinal herb has also been studied for its health benefits for seniors, as well as its ability to enhance energy levels, treat age-related fatigue and provide positive immunomodulatory benefits.\*

#### Rosemary (*Rosmarinus officinalis*)

A well-known in modern herbalism as an all-around tonic and energizer. In vitro studies have found that Rosemary contains acetyl-cholinesterase inhibitors, providing a compelling explanation for research suggesting the benefits of Rosemary on memory functioning.

### Supplement Facts

Serving Size 15 drops  
Servings Per Container 97  
Herb strength ratio: 1:10

Amount Per Serving	% DV
Eleuthero ( <i>Eleutherococcus senticosus</i> )(root)	.15ml †
Rosemary ( <i>Rosmarinus officinalis</i> ) (aerial parts)	.15ml †
Borage ( <i>Borago officinalis</i> )(aerial parts)	.10ml †
Green oats ( <i>Avena sativa</i> )(aerial parts)	.10ml †

† Daily Value (DV) not established.

Other Ingredients: 60% ethanol

Directions: Mix 10-15 drops in ¼ cup water and take 2-3 times daily.

Caution: Safety during pregnancy and breastfeeding not established.

All NutraRx products are especially formulated by experts in the field of natural health and are manufactured according to the highest pharmaceutical standards for maximum safety and effectiveness.

## References

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## Ingredients ( continued )

Further studies have examined the effects of caffeic acid and its derivative rosmarinic acid, two constituents of Rosemary, for their anti-oxidant effects. Rosemary has also been shown to interrupt the pathway that activates nuclear transcription factor kappaB, suggesting anti-inflammatory effects.\*

### Borage (*Borago officinalis*)

Rich in GLA, oleic and palmitic acid, studies of Borage have shown promising results for the anti-inflammatory, antiplatelet and cardiovascular benefits of this herb. Furthermore, Borage has been shown to have radical scavenging compounds.\*

### Green oats (*Avena sativa*)

Prescribed by modern herbalists as a general tonic and nerve nutrient.\*

## For Optimum Results

Many patients experience increased energy levels within the first week. Other patients will notice a gradual improvement over a 3-5 week period. 50+ Vitality Complex should be taken regularly for maximum results as it will act in a supportive capacity to increase healthy energy levels and stamina. 50+ Vitality Complex should be used along with a healthy lifestyle – diet, health and fitness levels – to maintain overall health and improved energy levels. Results may vary, due to a number of influential factors.

## Other Products in this Category

### VitaliBoost™

Nutritional support to improve energy and stamina, plus boost immunity\*

### PerformX Pro for Men™

Nutritional support for male sexual functioning, including sexual arousal, desire, stamina & healthy erectile functioning\*

### LibidoPro for Women™

Nutritional support for the female sexual and reproductive health, including healthy libido & sexual pleasure\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.