



## ClearColon Assist™

Nutritional support for the colon and lower digestive tract to promote detoxification & cleansing\*

### Primary Applications\*

- Contains anti-inflammatory, spasmolytic and analgesic properties for the lower digestive tract
- Great cathartic and purgative and promotes peristalsis
- Benefits the management of conditions of the lower digestive tract such as ulcerative colitis and colorectal polyps
- Contains anti-tumor properties due to emodin compounds
- Beneficial for use prior to colonoscopy and colonic irrigation

### Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

Amount Per Serving		% DV
Cascara sagrada ( <i>Rhamnus purshiana</i> )(bark)	640mg	†
Psyllium ( <i>Plantago psyllium</i> )(seed)	560mg	†
Marshmallow ( <i>Althaea officinalis</i> ) (root)	320mg	†
Chinese cinnamon ( <i>Cinnamomum cassia</i> )(bark)	80mg	†

† Daily Value (DV) not established

Other Ingredients: dicalcium phosphate, microcrystalline cellulose, magnesium stearate.

Directions: Take 1-2 tablets 3 times daily as needed. Consuming 8 glasses of water or juice is also recommended. Use in conjunction with a healthy diet. Caution: Not recommended for children under 12.

Warning: Do not use this product if you have abdominal pain or diarrhea. Consult a health care provider prior to use if you are pregnant or nursing a baby. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended dose. Not for long-term use.

All NutraRx products are especially formulated by experts in the field of natural health and are manufactured according to the highest pharmaceutical standards for maximum safety and effectiveness.

### What is ClearColon Assist?

ClearColon Assist has been formulated to provide nutritional support for the lower digestive tract, and for use prior to colonoscopy and colonic irrigation. This herbal product also helps maintain bowel regularity, and is safe even for geriatric use.\*

### Ingredients

#### Cascara sagrada (*Rhamnus purshiana*)

One of the most important compounds in Cascara are the anthraquinones, which remain inactive in the digestive tract until they reach the colon. Anthraquinones have been shown to be of benefit in the bowel regularity due to their effect on peristalsis. Studies on the management of geriatric bowel irregularity have demonstrated purgative effects of Cascara.\*

#### Psyllium (*Plantago psyllium*)

Due to its ability to bulk stools and improve stool consistency while keeping stools hydrated and soft, Psyllium has been shown to be useful in the treatment of conditions where both diarrhea and constipation may alternate. Polysaccharides in Psyllium form a gel in the intestine that helps to lubricate stool contents and facilitate ease of defecation.

## References

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Rosik JK, Kardosová A, Toman R, Capek P. "Isolation and characterization of mucilages from *Althaea officinalis* L. and *Malva silvestris* L., ssp. *Mauritiana*" (L.) Thell. *Cesk Farm*. 1984;33:68-71  
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Alzoreky, N. S. and Nakahara, K. Antibacterial activity of extracts from some edible plants commonly consumed in Asia. *Int J Food Microbiol*. 2-15-2003;80(3):223-230.

## Ingredients ( continued )

In addition, trials suggests that Psyllium may help to promote a healthy inflammation response, since it yields butyrate, a short-chain fatty acid which inhibits cytokine production and has an anti-inflammatory effect.\*

### Marshmallow (*Althaea officinalis*)

Marshmallow contains large sugar molecules called mucilage, which have demonstrated anti-inflammatory and soothing effects on the gastro-intestinal tract.\*

### Chinese cinnamon (*Cinnamomum cassia*)

Chinese cinnamon is a potent antioxidant that has been traditionally used as treatment for improving stomach function. Scientific research has shown that the two active compounds (cinnamomum cassia and O-glucoside) display gastroprotective effects including enhancing gastric blood flow.\*

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## For Optimum Results

ClearColon Assist is presented in a tablet form to facilitate rapid absorption through the blood stream into the digestive system and colon to quickly promote natural detox and bowel consistency. ClearColon Assist should be used along with a healthy lifestyle –diet, health and fitness levels– to maintain overall health and regularity of waste removal.

## Other Products in this Category

### GI Herbal Health Complex™

Nutritional support for the middle to lower gastro-intestinal tract to promote ongoing digestive comfort & a healthy inflammation response\*

### Reflux Pro™

Homeopathic compound formula to temporarily relieve acute acid reflux and heartburn

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.