



Contains no gluten, artificial flavors, colors or preservatives. Safe for all ages and during pregnancy.

#### Indications

Homeopathic remedy temporary relieves common stomach ailments such as indigestion and discomfort and promotes digestive health.

#### Ingredients

Each dose contains equal parts of biochemic tissue salts: Kali phos (6X) (HPUS), Nat phos (6X) (HPUS), Calc phos (6X) (HPUS), Lactose (inactive ingredient).

#### Directions

Acute: Chew 2-4 tablets every 60 minutes until symptoms subside (up to 10 doses). Chronic: Chew 2-4 tablets 3 times daily.

#### Warning

If symptoms persist or worsen, a health care professional should be consulted. If pregnant or breastfeeding, ask a health professional before use.

Keep this and all medicines from the reach of children.

## Digest-Able™

Homeopathic formula to temporarily reduce digestive upset & strengthen the entire gastrointestinal tract

### Primary Applications

- Alleviates burning, pain and acidity in the digestive tract associated with indigestion
- Acts as an effective antispasmodic and prevents cramping
- Supports adequate absorption of nutrients
- Reduces inflammation of the gastro-intestinal mucosa
- Encourages healthy, regular elimination
- Promotes hepatic health

### What is Digest-Able?

Digest-Able is a homeopathic remedy containing a selection of three biochemic tissue salts with a strong affinity for the promotion of digestive and hepatic health. With both acute and prophylactic applications, this remedy would be of benefit for people suffering from common indigestion or those looking to promote digestive health. Due to the homeopathic preparation, this product is safe for use in all ages, including during pregnancy, and may be safely combined with prescription medication.

### Ingredients

All homeopathic ingredients below are monographed in the Homeopathic Pharmacopeia of the United States (HPUS).

#### Kali phos (6X)

This biochemic tissue salt is principally recommended as a nerve nutrient and is therefore of benefit for any condition which is exacerbated by stress. With homeopathic anti-inflammatory properties, it is also beneficial for any inflammatory processes of the gastro-intestinal mucosa, particularly of the colon. In addition, Kali phos is an important tissue salt in the promotion of healthy metabolism as well as the digestion of fats.



## Digestive System Aids

Ingredients ( continued )

### References

Lockie, A. Encyclopedia of Homeopathy. Dorling Kindersley, New York, 2000.

Roberts, M. Tissue Salts for Healthy Living. Spearhead, Cape Town, 2003

All NutraRx products are especially formulated by experts in the field of natural health and are manufactured according to the highest pharmaceutical standards for maximum safety and effectiveness.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Calc phos (6X)

Also one of the biochemic tissue salts, Calc phos is recommended as a general systemic tonic. In addition, it is indicated for burning indigestion, bloating and flatulence and has excellent spasmolytic properties. Combined with Kali phos and Nat phos, Calc phos is frequently recommended for alternating bouts of diarrhea and constipation.

### Nat phos (6X)

Also known as the homeopathic antacid, Nat phos helps to restore pH balance throughout the body. It is also indicated for dyspepsia, acid reflux, nausea and belching.

### For Optimum Results

People differ widely in their response times to tissue salts depending on individual makeup, severity of symptoms, lifestyle and diet. Although some people may experience relief almost immediately, others will notice a gradual improvement over a 3-6 week period. Triple Complex Digestion Tonic should be taken regularly and used in conjunction with a healthy lifestyle for maximum results.

## Other Products in this Category

### ClearColon Assist™

Nutritional support for the colon and lower digestive tract to promote detoxification & cleansing\*

### GI Herbal Health Complex™

Nutritional support for the middle to lower gastro-intestinal tract to promote ongoing digestive comfort & a healthy inflammation response\*

### RefluX Pro™

Homeopathic compound formula to temporarily relieve acute acid reflux and heartburn