



GI Herbal Health Complex™

Nutritional support for the middle to lower gastro-intestinal tract to promote ongoing digestive comfort & a healthy inflammation response*

Primary Applications*

- Provides effective anti-inflammatory effects on the gastro-intestinal mucosa
- Promote balance and calm in the digestive system
- Provides support and protection for the digestive lining

What is GI Herbal Health Complex?

GI Herbal Health Complex is specifically formulated to provide systemic support for the digestive system and has an excellent record of improving digestive comfort and functioning. GI Herbal Health Complex promotes digestive balance to discourage the overall frequency and severity of episodes of digestive flare-ups and distress. In addition, this formula contains ingredients well-known for their anti-oxidant properties – thereby providing free radical protection for the digestive system.*

Ingredients

Chamomile (*Matricaria chamomilla*)

The anti-inflammatory, anti-spasmodic and calming properties of Chamomile make it an extremely effective herb for the gastro-intestinal tract. Approved by the German Commission E, Chamomile has been reported to have musculotropic, antispasmodic, and anti-inflammatory properties. Most studies have found that the whole herb was more active than were individual constituents – making a point for Full Spectrum™ manufacturing using whole herbs – a hallmark of NutraRx manufacturing.*

Meadowsweet (*Filipendula ulmaria*)

Filipendula has soothing, anti-oxidant properties, helping to protect the digestive tract and balance stomach acid secretions. Its high concentrations of the constituent salicylate, similar in structure to the synthetic acetylsalicylate, or aspirin – make it an effective anti-inflammatory.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving		% DV
Chamomile (<i>Matricaria chamomilla</i>)(flowers)	200mg	†
Meadowsweet (<i>Filipendula ulmaria</i>)(aerial parts)	200mg	†
Slippery elm (<i>Ulmus fulva</i>)(bark)	200mg	†
Cancer bush (<i>Sutherlandia frutescens</i>)(aerial parts)	200mg	†

† Daily Value (DV) not established

Other Ingredients: hypromellose.

Directions: Take 1-2 capsules 2-3 times daily.

Caution: Safety during pregnancy and breastfeeding not yet established. Not recommended for people with a known sensitivity to plants of the Asteraceae family.

All NutraRx products are especially formulated by experts in the field of natural health and are manufactured according to the highest pharmaceutical standards for maximum safety and effectiveness.

References

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ingredients (continued)

Furthermore, other chemical components found in *Filipendula*, such as phenolic glycosides, tannins and the essential oil, are also thought to have benefits for the management of gastric health.*

Slippery Elm (*Ulmus fulva*)

Due to its high mucilage content, Slippery Elm has a soothing and protective effect on the gastro-intestinal lining and is often recommended to soothe digestive upset and irritation. Rich in mucilage, the inner bark of Slippery Elm consists of insoluble polysaccharides which form a viscous material following oral administration. Furthermore, fatty acids and fatty acid esters similar to those found in Slippery Elm have shown in both in vitro and animal studies to possess an immunomodulatory effect.*

Cancer Bush (*Sutherlandia frutescens*)

A medicinal herb exclusively found in Southern Africa and has been used by indigenous people for thousands of years for both chronic and acute digestive complaints and as a powerful tonic. Recent research has confirmed its adaptogenic properties. *Sutherlandia* contains a number of highly active compounds, including pinitol, L-canavanine and the amino acid, GABA. L-canavanine is a strong L-arginine antagonist. *

For Optimum Results

Used regularly, GI Herbal Health Complex improves digestion within 3-6 weeks, although some people respond much sooner. Over time, people should show a decrease in the frequency and intensity of their occasional digestive upset.

Other Products in this Category

ClearColon Assist™

Nutritional support for the colon and lower digestive tract to promote detoxification & cleansing*

RefluX Pro™

Homeopathic compound formula to temporarily relieve acute acid reflux and heartburn