



## PerformX Pro for Men™

Nutritional support for male sexual functioning, including sexual arousal, desire, stamina & healthy erectile functioning\*

### Primary Applications\*

- Promotes healthy erectile functioning
- Improves ejaculation control
- Supports healthy libido
- Improves sexual arousal, stamina and functioning
- Supports male reproductive health, including testosterone production

### What is PerformX Pro for Men?

PerformX Pro for Men has been specifically formulated to promote male sexual and reproductive health and has positive benefits for the management of healthy erectile functioning, ejaculation control and a healthy libido.\*

### Ingredients

#### Horny goat weed (*Epimedium sagittatum*)

Research suggests that Horny Goat Weed has a positive effect on cardiovascular and sexual functioning and quality of life, and may also help to promote seminal emissions as well as prostate health. *Epimedium* species have long been used as sexual tonics in Chinese herbal medicine to encourage sexual performance and healthy testosterone production, thus promoting sexual energy and overall well-being.\*

#### Tribulus (*Tribulus terrestris*)

Studied for its ability to promote muscle health and strength and general prowess in the male body. Studies have also investigated the benefits of Tribulus on libido.\* Although the exact mechanism of action of Tribulus is unclear, researchers suspect it's due to a release of nitric oxide rather than androgen production.\*

#### Eleuthero (*Eleutherococcus senticosus*)

Important constituents of Eleuthero are the ginsenosides, which have demonstrated cardiovascular and adrenal benefits.

### Supplement Facts

Serving Size 15 drops  
Servings Per Container 97  
Herb strength ratio: 1:10

Amount Per Serving	% DV
Horny goat weed ( <i>Epimedium sagittatum</i> )(aerial parts)	.125ml †
Tribulus ( <i>Tribulus terrestris</i> )(aerial parts)	.10ml †
Eleuthero ( <i>Eleutherococcus senticosus</i> )(root)	.10ml †
Saw palmetto ( <i>Sabal serrulata</i> )(fruit)	.5ml †
Sarsaparilla ( <i>Smilax ornata</i> )(root)	.5ml †
Licorice ( <i>Glycyrrhiza glabra</i> )(root/aerial parts)	.5ml †
Kola nut ( <i>Cola vera</i> )(fruit/aerial parts)	.025ml †

† Daily Value (DV) not established.

Other Ingredients: 60% ethanol

Directions: Mix 10-15 drops in ¼ cup water and take 3 times daily.

**contains tree nut (kola nut)**

All NutraRx products are especially formulated by experts in the field of natural health and are manufactured according to the highest pharmaceutical standards for maximum safety and effectiveness.

## References

Liao, H. J., Chen, X. M., and Li, W. G. [Effect of Epimedium sagittatum on quality of life and cellular immunity in patients of hemodialysis maintenance]. Zhongguo Zhong.Yi.Yi.Jie.He.Za.Zhi. 1995;15(4):202-204.

Tan, X. and Weng, W. [Efficacy of epimedium compound pills in the treatment of the aged patients with kidney deficiency syndrome of ischemic cardio-cerebral vascular diseases]. Hunan.Yi.Ke.Da.Xue. Xue.Bao. 1998;23(5):450-452

Kessenich CR, Cichon MJ. "Hormonal decline in elderly men and male menopause". Geriatric Nursing . 2001; 22:24-28.

Rogerson S, Riches CJ, Jennings C, Weatherby RP, Meir RA, Marshall-Gradisnik SM. Abstract "The effect of five weeks of Tribulus terrestris supplementation on muscle strength and body composition during pre-season training in elite rugby league players". J Strength Cond Res. 2007 May;21(2):348-53. PMID: 17530942

Gauthaman K, Adaikan PG, Prasad RN. "Aphrodisiac properties of Tribulus Terrestris extract (Protodioscin) in normal and castrated rats". Life Sci. 2002 Aug 9;71(12):1385-96. PMID: 12127159

Szolomicki J, Samochowiec L, Wojcicki J, Drozdziak M, Szolomicki S. "The influence of active components of Eleutherococcus senticosus on cellular defence and physical fitness in man". Phytother Res. 2000 Feb; 14(1): 30-5

Murphy LL, Lee TJ. "Ginseng, sex behavior, and nitric oxide". Department of Physiology, Southern Illinois University, School of Medicine, Carbondale, Illinois 62901, USA. 2002 May; 962:372-7  
PMID: 12076988

Hartz AJ, Bentler S, Noyes R, et al. "Randomized controlled trial of Siberian ginseng for chronic fatigue". Psychol Med . 2004;34(1):51-61

Wilt, T. J., Ishani, A., Stark, G., MacDonald, R., Lau, J., and Mulrow, C. Saw palmetto extracts for treatment of benign prostatic hyperplasia: a systematic review. JAMA 11-11-1998;280(18):1604-1609

Bucci, L. R. "Selected herbals and human exercise performance." Am J Clin Nutr. 2000;72(2 Suppl):624S-636S

Agatha, M., Breckenridge, C., and Soyemi, E. A. Some preliminary observations on the effects of kola nut on the cardiovascular system. Niger.Med J 1978;8(6):501-505.

Benie, T., el Izzi, A., Tahiri, C., Duval, J., and Thieulant, M. L. [Natural substances regulating fertility. Effect of plant extracts in the Ivory Coast pharmacopoeia on the release of LH by hypophyseal cells in culture]. C.R.Seances Soc.Biol.Fil. 1987;181(2):163-167

## Ingredients ( continued )

Research suggests that Siberian ginseng can help to promote stamina and fitness. In addition, animal studies lend growing support for the use of ginseng in improving sexual functioning, and studies provide increasing evidence for a role of ginsenoside action utilizing nitric oxide. The effects of ginseng on the corpus cavernosum (one of two parallel columns of erectile tissue forming the dorsal part of the body of the penis) appear to be mediated by the release and/or modification of release of nitric oxide from endothelial cells and perivascular nerves.\*

### Saw palmetto (*Sabal serrulata*)

There is mounting evidence from randomized and controlled clinical trials that this herb helps to promote prostate health, for which it is very popular in much of Europe.\*

### Sarsaparilla (*Smilax ornata*)

Studies show that the water extract of the smilax excels leaves contain powerful antioxidant activity quenching free radicals and inhibiting lipid peroxidation. Research shows inhibiting lipid peroxidation is important to maintaining healthy erectile function.\*

### Licorice (*Glycyrrhiza glabra*)

A supportive tonic for the adrenal cortex, helping to promote the production of hormones such as hydrocortisone and steroidal anti-inflammatory agents.\*

### Kola nut (*Cola vera*)

The active constituents of this herb include tannins, proteins, additional phenolics and anthocyanin, all implicated in its antioxidant activity. In addition, Cola vera contains a unique constellation of Xanthines that are regarded as utilized elements to reduce fatigue and improve energy levels.\*

## For Optimum Results

Some men experience immediate improvement in sexual functioning and libido. Others will notice a gradual improvement over a 3-6 week period. PerformX Pro for Men should be taken regularly for maximum results. An additional dose about 15 minutes prior to sexual intercourse will increase desire, strengthen erections and improve stamina. Results may vary, due to a number of influential factors.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.