



TheraHeal Massage Oil™

Aromatherapy oil for healing & soothing massage therapy

Primary Applications

- For the ultimate massage experience

What is TheraHeal Massage Oil?

TheraHeal Massage Oil contains a blend of pure therapeutic grade aromatherapy oils intended for professional massage therapy. The aromatic oils are chosen for their soothing and restorative properties. TheraHeal Massage Oil may be used in a wide range of situations for the ultimate massage experience.

Ingredients

Peppermint oil, Ginger oil, Pine oil in a carrier base of arachis, wheatgerm, almond and grapeseed oil.

Directions

Apply to palm and massage gently onto desired area. Apply pressure to reach deep into tissue. Massage twice daily or as required for symptom relief.

Note: May be used with Arnica Pain & Healing Complex™ or JointX Pro™.

Caution

May be used from the age of 3 years; however, safety during pregnancy and breastfeeding has not been established. For external use only. Not recommended for people with nut allergies or to be used on open wounds or cuts.

Keep this and all medicines from the reach of children.

All NutraRx products are especially formulated by experts in the field of natural health and are manufactured according to the highest pharmaceutical standards for maximum safety and effectiveness.

Ingredients

Peppermint Essential Oil

This oil has many therapeutic uses and may be used in a wide variety of situations. On the emotional level, the aroma of peppermint oil will relax and refresh the mind as well as the body, helping to uplift the spirits and restore courage and mental focus.

Ginger Essential Oil

Provides both oral and topical benefits, Ginger has particular application to massage therapy. The essential oil also has warming effects.

Pine Essential Oil

The essential oil of pine is used in aromatherapy to promote an invigorating massage experience.

The pure aromatherapeutic essential oils above are presented in a carrier base consisting of arachis, wheatgerm, almond and grapeseed oil. These carrier oils are also chosen for their anti-oxidant and nourishing properties.



—Massage Aids

References

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SJ Davies, LM Harding, AP Baranowski. A novel treatment of postherpetic neuralgia using peppermint oil. *The Clinical journal of pain*. 2002 May-Jun;18(3):200-2

Ody, P. *The Complete Medicinal Herbal Guide*. Dorling Kindersley, London. 2000.

Sellar, W. *The Directory of Essential Oils*. Vermillion, London. 2004

For Optimum Results

Immediate relief is usually obtained during massage with TheraHeal Massage Oil and effects are cumulative with regular use.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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